



Trinity C of E
Primary Academy
Together as One

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Relationships & Sex Education Policy
2022-2023

Approved by:	H.K. Jandu	Date: September 2022
Next review due by:	Date: September 2023	

Children are growing up in an increasingly complex world and living their lives seamlessly on and offline. This presents many positive and exciting opportunities, but also challenges and risks. In this environment, children and young people need to know how to be safe and healthy and how to manage their academic, personal and social lives in a positive way.

For these reasons, the Department for Education has made Relationships Education and Health Education compulsory in all Primary Schools

(DFE February 2019)

At Trinity we believe that relationships and sex education is lifelong learning about physical changes and moral and emotional development and is an essential part of all children's knowledge and understanding of how to keep themselves healthy and safe.

Aims: The aims of Relationships Education and Relationships Sex Education (RSE) and health education at our school are to:

- ❖ Provide a framework in which sensitive discussions can take place
- ❖ Prepare pupils for puberty and give them an understanding of developmental changes that occur in their bodies and the importance of health and hygiene
- ❖ Help pupils develop feelings of self-respect, confidence and empathy
- ❖ Create a positive culture around issues of sexuality and relationships
- ❖ Teach pupils the correct vocabulary to describe themselves and their bodies
- ❖ Reflect the school Christian values – the 3 Cs – Commitment, Consideration and Co-operation.

Statutory Requirements:

As a Primary Academy we must provide relationship education to all pupils as per section 34 of the Children and Social work act 2017. We are not required to provide sex education but we do need to teach elements of sex education contained with the science curriculum.

In teaching RSE (Relationship and Sex Education), we are required by our funding agreement to have regard to guidance issued by the secretary of state as outlined in section 403 of the Education Act 1996.

At Trinity C of E Primary Academy, we teach RSE as set out in this policy.

Policy Development:

- ❖ This policy has been developed in consultation with staff, pupils and parents. The consultation and development of this policy involved:
- ❖ A review – undertaken by members of staff who pulled together all relevant information including national and local guidance
- ❖ Staff consultation – policy shared with staff and recommendations made
- ❖ Parent/Stakeholder consultation- policy content of RSE curriculum shared with representatives from parent forum.
- ❖ Pupil Questionnaire to gather views of pupils
- ❖ Ratification: final policy shared with governors and ratified

Relationships and Sex education is about the emotional, social and cultural development of pupils and involves learning about relationships, healthy lifestyles, diversity and personal identity.

RSE involves a combination of sharing information and exploring issues and values.

RSE is NOT about the promotion of sexual activity.

Curriculum:

At Trinity RSE will be taught as part of the curriculum entitled 'RESPECT' which encompasses statutory requirements set out by the Department for Education: Relationships Education, Relationships and Sex Education (RSE) and Health Education.

Our RESPECT curriculum has been developed in consultation with pupils, parents and Local Academy Committee Members and takes into account the age, needs and feelings of pupils. If pupils ask questions outside the scope of this policy, teachers will respond in an appropriate manner so they are fully informed and don't seek answers online.

An overview of Relationships Education Coverage:

As stated above our Relationships Education is taught through a programme of work called 'RESPECT' which outlines topics and themes that are delivered by teachers during 'Wellbeing' lessons and some aspects may also be covered during Science lessons

<p>Reception, Year 1 and Year 2</p>	<ul style="list-style-type: none"> ❖ Differences between living and non-living things ❖ Differences between girls and boys, including naming body parts ❖ Simple lifecycles ❖ How we change and grow up ❖ Feelings and emotions ❖ Respectful Relationships ❖ Caring Friendships ❖ Online relationships ❖ Being Safe ❖ Families and people who care about me
<p>Year 3 and Year 4</p>	<ul style="list-style-type: none"> ❖ Changes as we get older, to include some aspects of puberty appropriate for age and stage of development. ❖ Personal hygiene ❖ Feelings and emotions ❖ Families and people who care about me ❖ Caring friendships ❖ Making choices ❖ Celebrating differences-males and females, in particular roles and stereo types

Year 5 and Year 6	<ul style="list-style-type: none"> ❖ Respectful relationships ❖ Online relationships and keeping safe ❖ Being safe ❖ Changes- to include puberty, Keep safe work around boundaries and who to go to if feel unsafe. ❖ Stages of growth in humans ❖ Human reproductive organs ❖ Making informed decisions-resisting pressures ❖ Healthy lifestyles: impact of diet, exercise, drugs and alcohol
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Delivery of Relationship and Sex Education

Relationships, Sex Education and Health Education is taught within our RESPECT programme which encompasses our Personal, Social and Health Education curriculum, our Science curriculum and RE curriculum

Each week children will participate in lessons that address topics and issues set out within our RESPECT programme.

Lessons are structured around materials within a purchased scheme of work called the Jigsaw programme as well as workshops and materials from NSPCC and other recognised professionals.

Within lessons, teachers will use planned materials and activities and delivery of lessons caters for the varying needs of the children within the class including those with SEND.

RSE is taught within the RESPECT programme as the personal, social, health and economic education curriculum (PSHE). Biological aspects of RSE are taught within the science curriculum, and other aspects are included in religious education.

Our Relationships Education at Trinity focuses on teaching the fundamental building blocks and characteristics of positive relationships including:

- Families and people who care for me
- Caring friendships
- Online relationships
- Being Safe

These areas of learning are taught within the context of family life taking care to ensure that there is no stigmatisation of children based on their home circumstances.

Roles and Responsibilities:

The Local Academy Committee has delegated the approval of this policy to the Executive Headteacher.

The Executive Headteacher is responsible for ensuring that RSE is taught consistently across the school and for managing questions raised by parents regarding this policy.

All staff:**All staff are responsible for:**

- Delivering RSE in a sensitive way
- Modelling positive attitudes to RSE
- Monitoring progress
- Responding to the needs of individuals
- Ensuring equal opportunities for all
- Meeting the requirements of the Equality Act 2010
- Tackling discrimination and awareness for 'Protected Characteristics'

Parents' right to withdraw

Parents' do not have the right to withdraw their children from relationships education and science education.

Parents' have a right to withdraw their child from non-statutory components of sex education within RSE

Training

All staff at Trinity are trained on the delivery of RSE as part of their induction and annual updates in our continuing professional development calendar.

The Executive Headteacher will also invite visitors from outside the school, such as the school nurse or training professionals from leading organisations such as NSPCC to provide support and training to staff teaching RSE.

Monitoring

The delivery of RSE is monitored by the Senior Leadership Team through monitoring of planning, learning walks and book scrutiny activities.

Pupil's development in RSE is monitored by the Class Teacher as part on our internal assessment systems.

This policy will be reviewed annually